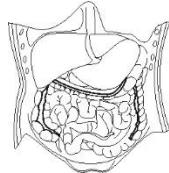


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## **Preparation Instructions for Colonoscopy**

### **DATE OF PROCEDURE**

**TIME:** The facility will call you the day before your colonoscopy with your **Arrival Time**.

**Facility: Specialty Surgical Center of North Brunswick** (732)422-9900  
Website: [NorthBrunswickSurgicalCenter.com](http://NorthBrunswickSurgicalCenter.com)  
1520 US Route 130, Suite 102, North Brunswick, NJ 08902

**\*Your prescription is sent electronically to your pharmacy today. Please pick it up from your pharmacy.**

### **Week before Colonoscopy:**

Please stop all Blood Thinners (**Plavix, Coumadin, etc.**) 7 days before your colonoscopy. Please consult with your doctor first, if not already done so. Tylenol or acetaminophen does not have to be discontinued.

Weight loss medications (**Ozempic, Mounjaro etc.**) must be stopped 7 days before your procedure.

### **Day before Colonoscopy:**

1. **Diabetic patients:** should only take half your dose of medication.
2. All meals should **consist of clear liquids from breakfast till midnight**. Clear liquids include Water, Clear fruit juice (no red juice), Lemonade or Limeade (without pulp), Gatorade (nothing red or orange), Soda (nothing red or orange), Jell-O (only green or yellow), Broth- chicken, beef, vegetable (**MUST** be clear), Ice pops (nothing red or orange, without fruit pieces or milk), Coffee or Tea (**NO** milk or creamer).
3. **Do not eat or drink anything after midnight other than the prep detailed below.**

## **Preps**

### **Golytely, Colyte, etc.**

1. Drink half of the prep solution at 6PM then drink the remaining half **FIVE HOURS** prior to **ARRIVAL TIME**.  
(1 cup every 10-15 minutes)

### **Clenpiq:**

1. At 6PM drink **ONE** bottle of Clenpiq, followed by 5 cups (8oz each) of clear liquid.
2. **FIVE HOURS** prior to your **ARRIVAL TIME** drink **SECOND** bottle of Clenpiq, followed by 4 cups (8oz each) of clear liquid.

### **Suprep:**

1. At 6 PM pour 1-6oz bottle into the mixing container.
2. Add drinking water to the 16oz fill line and drink all the liquid in the container.
3. You must drink 2 more 16oz container of water over the next 3 hours.
4. **FIVE HOURS** prior to your **ARRIVAL TIME** pour 1- 6oz bottle into the mixing container.
5. Add drinking water to the 16oz fill line and drink all the liquid in the container.
6. You must drink 2 more 16oz container of water over the next 3 hours.

**Do not eat or drink on the day of your procedure other than the prep detailed above.**

**YOU MAY TAKE YOUR BLOOD PRESURE MEDICATION BEFORE 7AM WITH SIPS OF WATER.**

**You must bring someone with you to drive you home, as you will be receiving sedation.** You should not drive for 24 hours after the procedure is completed.

**If you have any questions, please call the office at (732)-873-1600.**

Arrival Time	Second Dose
6:30 AM	1:30 AM
7:00 AM	2:00 AM
7:30 AM	2:30 AM
8:00 AM	3:00 AM
8:30 AM	3:30 AM
9:00 AM	4:00 AM
9:30 AM	4:30 AM
10:00 AM	5:00 AM
10:30 AM	5:30 AM
11:00 AM	6:00 AM
11:30 AM	6:30 AM
12:00 PM	7:00 AM